



December 2010 – January 2011

A Journey Together: Hinsdale Chapter Bereaved Parents of the USA www.bpusahinsdale.org

*Meetings are generally held the first Friday of every month. Doors open at 7:00 PM for greeting and fellowship.
Redeemer Lutheran Church, 139 East First Street, Hinsdale, Illinois
(One block east of Garfield Street & one block south of the railroad tracks)
Donna Corrigan, Chapter Leader 630-279-6148 or 630-841-7056 (cell)*

Expectations

by Donna Corrigan

During the holidays, bereaved parents are expected to have a really miserable time; why else would so many people remind us that it is hard to lose a child, “especially at this time of the year.” As you have already learned, in the early days of grief, many days are difficult and some are worse. They just are.

I would encourage you to reject what others expect, especially those who have not experienced the death of a child. Try to live in an attitude of acceptance. Christmas without our children will never be as good as Christmas was with them. This is our new normal.

Don’t expect to be miserable, accept the fact that you will be very sad. Do not expect others to reach out to you, accept that you might have to ask for support. Don’t expect others to understand your pain, accept that they can not.

Most importantly, do not expect others to anticipate the best way for you to celebrate the holidays. Accept the reality... you’re not sure what you want to do this year and very few activities may bring you happiness. The path of grief can be inconsistent.

As you look at the upcoming months and their celebration days, accept the idea that you may want to participate on a limited level. Seek out activities that allow the freedom of laughter; recognizing that tears may mingle with joy. Purchase a toy in memory of your child and bring it to our Dec 3rd meeting; it will probably be painful to shop in the holiday crowds but wouldn’t your kid love knowing you are making someone else happy? On Friday, Dec 10th, we are having a “Blues Buster Night,” casual, no “tra la la” stuff. Come and watch a movie, have some snacks, be ok with other bereaved parents.

I would strongly encourage you to accept the invitation to light candles with our Bereaved Parents Chapter on December 12th; it is a peaceful interlude

UPCOMING MEETINGS & EVENTS:

Friday, December 3 - Monthly Chapter Meeting: 7:30 PM to 9:30 PM - Love Never Dies (If you choose, purchase a gift and share a memory of your child - unwrapped gifts are donated to a local charity).

Friday, December 10 - Winter Blues Buster: 7:30 PM at Redeemer Lutheran. George Ragusa will be facilitating a relaxing evening away from the holidays.

Sunday, December 12 - Annual Candlelighting - 7:00 PM; doors open at 6:30 PM Candlelight Remembrance in memory of our children. Please RSVP.

Tuesday, December 14 - Men’s Group: 6:30 PM RSVP to Jerry Schulman 630-205-4552 if you plan to attend. We will meet at Kappy’s Restaurant in Villa Park.

Friday, January 7 - Monthly Chapter Meeting: 7:30 PM to 9:30 PM Detoxing from the Holidays Do you feel like you survived the holidays, but just barely? Join us as we let off steam and share our holiday experiences (and maybe some leftover goodies!)

Wednesday, January 12 - Ladies’ Night Out:
Meet at Bailey’s in Westmont at 6:30 PM

Monday, January 17 - Steering Committee Meeting:
6:00 PM Redeemer Lutheran, Hinsdale

Friday, February 4 - Monthly Chapter Meeting - 7:30 PM to 9:30 PM Music/Poetry Book Night Bring a favorite selection you would like to share. It might be from your child’s service or just something that has brought you comfort. A CD player will be available.

where we can share the brightness of our children’s lives during the holiday season. You can expect it to be a safe place...



Love Gifts

A Love Gift is a donation to the chapter in memory of your child, grandchild or sibling. All Love Gifts are gratefully acknowledged in the newsletter accompanied by wording exactly as the donor submits. BP/USA is a national non-profit organization therefore; all donations to the chapter are tax deductible as allowed by law.

When mailing in a love gift, **please include your child's name, your address** and any other info you would like in your love gift message. Please make your check payable to: **BP/USA Hinsdale** and **mail it to arrive by the 10th** of the month prior to the upcoming newsletter. The newsletter is published every other month. Mail to:

**BP/USA Hinsdale Chapter
PO Box 703
Hinsdale IL 60522**

**Thank You for your continued support of
Bereaved Parents of the USA - Hinsdale Chapter.**

Bereaved Parents of the USA is a self-help support group which is run entirely by volunteers who are also bereaved parents. The volunteers are a little further down the road in their grief and can give back to the chapter by helping with the many jobs it takes to keep the chapter running. This makes it possible for new bereaved parents to see survival and hope when they walk through the door of their first meeting.

♥ ♥ ♥ ♥ Love Gifts ♥ ♥ ♥ ♥



*In loving memory of
Cole Exner
June 9, 1983 until May 21, 2006*

We love you & miss you.

Love,
Mom & Dad
Janie & Scott Exner



♥ ♥ ♥ ♥ Love Gifts ♥ ♥ ♥ ♥



*In special and continued memory of our loving sons,
Tommy John Adams
February 12, 1966 until November 4, 2001
and
Marty Adams
December 11, 1960 until January 6, 2003*

Forever and Always Loving You.

Love,
Mom & Dad
Marge & Bill Adams



*In loving memory of
Heather Lynn Runge
November 21, 1989 until January 4, 1990*

Happy 21st Birthday sweet Heather!
Hope you are dancing & celebrating this special birthday in your heavenly home. Know I'll always be so grateful your spirit continues to touch my life with immeasurable love and joy!

Miss you terribly!

Love always,
Mom
Sandy Runge-Sand



*In loving memory of
Jeffrey Anderson
January 28, 1981 until May 25, 1998*

Jeff, this will be the 12th Christmas we will spend without you. We continue to celebrate Christmas because you loved it so much. The tree is always decorated with the theme you liked. Our love for you has not lessened through the years and we mention you in our talks every day. It is difficult to believe, you would be going on 30 yrs old if you were still with us. Until we meet again.

Love Forever,
Mom and Dad
Irene & John Anderson



2011 BP/USA National Gathering

July 29-31, 2011
Sheraton Reston Hotel
Reston, Virginia

- ▶ Located just 25 minutes from downtown Washington, DC near Dulles International Airport. Free shuttle service from the airport.
- ▶ Hotel rate is \$99 per room (plus taxes), up to 4 people per room. Rate honored 3 days before and 3 days after the Gathering. Call 1-800-561-9186 to make your reservation or visit www.starwoodmeeting.com/Book/BereavedParents
- ▶ Thursday night "Kick Off" Program, plan to come early, you don't want to miss this exciting event!
- ▶ Outstanding Speakers and Workshops: Speakers are Darcie Sims, Rosemary Smith, Mitch Carmody, Drs. Gloria & Heidi Horsley, Ron Villano, Dave Roberts, Becky Greer
- ▶ Sibling Program
- ▶ Meal Package only \$149.00 for seven meals.

Donations are being sought from individuals and chapters for the Butterfly Boutique, Raffles, Silent Auction and Table Favors. Contact Jodi Norman at bpusa.nova@yahoo.com if you are able to help.

If you are interested in presenting a workshop go to www.bereavedparentsusa.org and fill out the on-line application or print out an application and mail to P.O. Box 7675, Woodbridge, VA 22192. Deadline for workshop applications is March 15, 2011.

For more information contact Jodi Norman, Gathering Chair at 703-910-6277 or e-mail: bpusa.nova@yahoo.com.

Welcome

We would like to extend a warm welcome to the new attendees at our recent meetings. We hope you were able to take home at least a small glimmer of hope.

New attendees:

- ♥ Dan Burkett, father of Joshua Burkett

We are very sorry for the reason you are here, however we are glad that you found us. ☙

BP/USA Hinsdale Steering Committee

Our chapter is run by a volunteer steering committee that meets periodically during the year to discuss future meeting programs, fund raising, member involvement, our library and other pertinent issues. Interested in sharing your time and talent?contact a member listed below:

Chapter Leader	Donna Corrigan	(630) 279-6148
	Cell:	(630) 841-7056
Database Administrator	Angelo Tomasello	(630) 420-1649
Hospitality	Sally Yarberry	(708) 560-0393
Treasurer	Jerry Schulman	(630) 205-4552
Librarian	Suzy Scott	(630) 985 0394
Newsletter Editor	Celeste Hardy	(630) 963-0096
Members at Large	Eleanor Byrne	(708) 485-6160
	Linda Horn	(630) 325-2816
	Ruth Juergensen	
	Rose Martino-Krueger	(847) 208-5620
	George Ragusa	(630) 637-1548

Chapter Library

We maintain a large lending library of books and tapes of interest to bereaved parents, siblings and grandparents. These resources are available to check out at each meeting to be returned at the following meeting, if possible. If you come across a book at home that belongs to our library, please **mail it** to us at the reduced "**media rate**" to: **PO Box 703, Hinsdale IL 60522-0703**. You can contact our Librarian, Suzy Scott at suzyart@sbcglobal.net or (630) 985-0394.

Telephone Friends

When you have a need to talk to another bereaved parent, these members are available to listen:

Val Vesely	(630) 469-9584
Donna Corrigan	(630) 279-6148
Marge Humbert	(815) 609-4151
Jim Moravcik (suicide)	(630) 904-9094

HINSDALE CHAPTER WEBSITE:

Both the calendar and the newsletter are available on the Hinsdale Chapter website at: <http://www.bpusahinsdale.org/>

Our Children, Loved Missed and Remembered - Anniversaries and birthdays are difficult for bereaved parents and families. In the days ahead, may we lovingly remember these children and send our prayers, love and support to their parents and families

Alan Schroeder - 22
Oct 11, 1985 - Dec 04, 2007
Joan & John Schroeder

Brandon Hardy - 22
Aug 13, 1980 - Dec 28, 2002
Auto Accident
Don & Celeste Hardy

Chris Marie Longo - 18
Dec 21, 1951 - Sep 26, 1970
Brain Aneurysm
Anthony & Margery Longo

Daniel M. Schedler - 23
Dec 16, 1969 - Apr 06, 1993
Auto Accident
Tom & Judeen Schedler

Daniel Stoothoff - 34
Jun 03, 1970 - Dec 07, 2004
Car Crash
Sally Stoothoff

Elizabeth Anne Barrett - 15 1/2
Dec 29, 1976 - Jun 29, 1992
Hit by Van
Kay & Phil Barrett

Eric Fitzpatrick Bucholz - 19
Jun 26, 1974 - Dec 24, 1993
Electrocution
Sue Bucholz

Frank Gianfortune Jr - 19
Aug 01, 1968 - Dec 06, 1987
Auto Accident
Ms. Adel Gianfortune

Garrett Joel Zaagman - 7
Mar 04, 1976 - Dec 09, 1983
Spinal Meningitis
Dirk & Florence Zaagman

Jessica Louise Lang - 23
Mar 03, 1980 - Dec 12, 2003
Heroin Overdose
Kristine Lang

Josiah Weiberg - 10 Months
Jan 16, 2009 - Dec 03, 2009
SMA Type 1
Alesha Weiberg

Mariana Tunstall - 8
Dec 29, 1999 - Jul 16, 2008
E-Coli
Keith & Kristena Tunstall

Marty Sobanski - 28
Dec 08, 1961 - Sep 05, 1990
Seizure Disorder
Helen Sobanski-Hennessey (sister)

Nicholas Carl Pica - 21
Dec 12, 1984 - Jul 13, 2006
Sudden Cardiac Death
Jane & Jerry Pica

Noah Michael Cichorski - 2 1/2
Jun 24, 2001 - Dec 16, 2003
Head Injury (Cause Unknown)
Jeannine Cichorski

Rachel Krueger - 21
Dec 29, 1986 - Sep 23, 2008
Pulmonary Embolism
Jim Krueger & Rose Martino-Krueger

Ryan James Moravcik - 21
Jan 07, 1980 - Dec 31, 2001
Suicide
James & Lucille Moravcik

Sarah Lynn Moore - 5
Dec 18, 1998 - Mar 31, 2004
Surgical Complications
Susan Moore

Scott Wesolowski - 18
Dec 13, 1984 - Apr 08, 2003
Drug Overdose
Sue Berger

Sean Howard Anderson - 17
Feb 22, 1983 - Dec 05, 2000
Suicide
Maureen & Russ Anderson

Tim Schiefelbein - 18
Dec 07, 1989 - Feb 24, 2007
Car Accident
Diane Grabowski

William "Bill" Collins - 24
Nov 15, 1965 - Dec 24, 1989
Auto Accident, Hit & Run
Sue Collins

Bryce Stack - 30
Jan 26, 1979 - Jul 24, 2009
Accidental Overdose
Trish DeBauche

Dana Samuel - 32
Apr 07, 1970 - Jan 23, 2003
Asphyxiation
Lana Samuel

Jeffrey Anderson - 17
Jan 28, 1981 - May 25, 1998
Asphyxiation
John & Irene Anderson

Jeffrey Scott Caccavari - 34
Jan 16, 1967 - May 10, 2001
Unknown
Dominic & Karen Caccavari

Denise Dubois - 38
Feb 12, 1960 - Jan 02, 1999
Cancer/Suicide
Janet & Bernie Finnigan

Our Children, Loved Missed and Remembered (continued) - Anniversaries and birthdays are difficult for bereaved parents and families. In the days ahead, may we lovingly remember these children and send our prayers, love and support to their parents and families

Gerrick Davies - 18

Jan 21, 1986 - Feb 09, 2004
Murdered
Diane Davies

Heather Kasl - 3

Nov 26, 1990 - Jan 17, 1994
P.N.E.T. Brain Tumor
Dave & Juliet Kasl

Heather Runge - 6 wks.

Nov 21, 1989 - Jan 04, 1990
Neuroblastoma
Sandy Sand

Matthew Swett - 25

Jan 07, 1979 - Jan 25, 2003
Accident
Keith & Jean Swett

Patrick Vincent DeMauro - 19

Jan 28, 1982 - Aug 29, 2001
Car Accident
Vincent & Debbie DeMauro

Renee Michelle Saban - 21

Jan 07, 1964 - Apr 05, 1985
Auto Accident
Jackie & Joe Saban

Rolanda L. Marshall - 14

Jan 08, 1979 - Sep 06, 1993
Homicide
Alice T. Norris

Ryan Vesely - 17

Oct 03, 1974 - Jan 18, 1992
Auto Accident
Stan & Val Vesely

Marty Adams - 42

Dec 1960 - Jan 2003
Marge & Bill Adams



A New Year

by Shirley Carrigan, "Where Are All The Butterflies", Bereaved Parents of North Texas, p. 50

A new year, new officers in our bereavement support group, new resolutions in my life. New problems, new beginnings, and still there is old pain. My pain will last all the new years to come: pain that is softer and more bearable, leaving me with a life that is more meaningful and manageable, but still with the emptiness that has been there since my son's death.

There is a place in my mind that holds all the feelings of the first few hours after I was told about my son's death. It will always be there. I just do not visit it as often as I once did. I now visit the wonderful memories of his life instead, and I live most of the time in the present with the rest of my family and friends.

Even though that secret place is very painful, I have accepted that it will always be there. In the early days of my bereavement when I had no control of my visits, the pain was constant. Now I go there only at my own choosing most of the time. What a strange form of control! But at least there is *some* control, whereas in the beginning there was none.

Hold on to your life and your family and friends, and one day down the road you, too, will regain control. ❄️

HOLIDAY ACHES

by Shirley C. Ottman, BP/USA

After the first few holiday seasons after my daughter's death, I thought I had licked the holiday doldrums. After all, two, three, four years had passed. I was unprepared for the dull ache I battled throughout the holidays in 1993; however, it didn't dawn on me until the middle of January why.

December 1993 was the first time since 1989 that both my surviving sons and their families, my step-daughter and her family had been all together during the holidays. I had been looking forward to having them all home at the same time once again. The cousins (all my grandchildren) would be able to renew acquaintances, and I could watch their interaction with interest and glee.

Yet all during the season, I was plagued with a longing, an all too familiar ache. I missed my daughter's presence. Her widowed husband had remarried in May that year, and he and his new wife were also included in our family gathering. I liked his new wife very much. But I suppose subconsciously, I was reminded even more of my daughter's absence. As I wrote my Christmas letter to my daughter Teri and put it into her Christmas stocking, unbidden tears chased themselves down my cheeks. I pushed my thoughts away from sadness; I reminded myself how lucky we were to have known and loved her, and to know and love her still.

Later I realized what should have been obvious to me during the holidays. Although our family was altogether, it wasn't the same as it used to be. Teri was missing from the scene. It's one thing to hold her spirit in our hearts and minds, and quite another to have her sitting in her usual place at the table or leading us in Christmas carols.

We all missed her, even after nearly eight years; and we talked about her often. We had a wonderful holiday together that I wouldn't have missed it for the world. I hope we will have many more such reunions. Next time, though, I'll be wiser. I'll know why the ache is there, why the joy is tempered slightly and why as long as I live my life and our family's life together, will be forever altered. The difference will always be noticeable, I imagine. But then, the difference Teri has made in each of our lives is and always will be obvious too.

Printed from "Where Are All The Butterflies" with permission. 🍀

From your editor...

On our youngest son's recommendation, I read "*Beyond Belief: Finding the Strength to Come Back*". The book hit me on so many different levels. It is Josh Hamilton's story of his rise to the number one pick in the 1999 baseball draft to his fall into the depths of alcohol and drug addiction and how his faith in God and the love of his family gave him the strength to come back. He relies on faith and love to keep the demons of addiction away. I thought about how those demons will always be a part of his life just like the cloud of our children's deaths will always be a part of our lives. I thought about how Hamilton's parents could easily have ended up bereaved parents and about the pain they must have felt as they watched the effects of addiction turn their son into a shell of a man.

I thought about how Brandon would be a year older than Hamilton who is currently 29. I thought about how Brandon was playing high school baseball at the same time Josh was playing high school ball. Maybe I even thought, "Why did Josh Hamilton get a second chance?" I watched Hamilton in the World Series just a couple weeks ago and even though his Texas Rangers didn't win, every time he stood at the plate I felt like it was a victory that he was even there. Oddly enough, the last time their opponents, the San Francisco Giants, appeared in the World Series was 2002, the year Brandon died. So, it hit me that the last World Series Brandon watched included the Giants.

"*Beyond Belief*" is an inspirational book, even read through the hazy thoughts of a bereaved parent.

Wishing you the inspiration to come back ... to your new normal.

Celeste

"A Journey Together: Hinsdale Chapter BP/USA"

The Hinsdale Chapter newsletter is compiled, stamped and mailed by volunteers, in loving memory of our children. There is no charge to receive it. Please send **address changes** to Angelo Tomasello at angelotomasello@comcast.net.

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**Bereaved Parents of the USA
Hinsdale Chapter**
Cordially invites you to attend our
**Annual Candlelight Observance of
National Children's Memorial Day**

Sunday, December 12, 2010
Redeemer Lutheran Church
First & Park Streets, Hinsdale, IL

Program 7:00 p.m. ♥ Doors open 6:30 p.m.



This invitation is extended to parents, grandparents, siblings and other family members who wish to join in honoring the memory of a beloved child at this special time of the year.

During this observance, the name of each child will be read out loud. In addition, for those wishing to submit a photo (5x7 or smaller), their child's picture will be shown as his or her name is read aloud. If you have submitted a photo in the past, please indicate your permission to have the photo shown again this year.

Kindly fill out and return the attached registration form. This will help us to plan for seating, refreshments, candles and reading of the names. If you are unable to attend, but wish to have your child's name read aloud, please indicate on the return form.

Refreshments and fellowship will follow the candlelight observance. You are welcome to bring your child's favorite treat to share. Feel free to bring a picture or remembrance of your child to display.

If you submitted a photo to be shown during the candle lighting, you may pick it up at the end of the evening.

**Send photos to: Bob & Carol Gordon, 7717 Williams St., Darien, IL 60561-4429 (630) 971-9472
or e-mail photos to: FLASH22504@comcast.net**

Deadline for photos, 5x7 or smaller: Friday, Dec. 3, 2010

Return Form for Children's Memorial Day Candlelight Observance

Please respond by Friday, December 3, 2010

Return to: Bereaved Parents USA c/o Bob & Carol Gordon, 7717 Williams St., Darien, IL 60561-4429

First Name of Child(ren) _____

Last Name of Child(ren) _____

First & Last Names of Parent(s) _____

How many people will attend _____ Of those, how many bereaved siblings _____

I have enclosed a picture _____ I will send a picture _____ I will e-mail a picture _____

I give permission to use a photo I previously submitted _____

Donations to help defray costs are gratefully appreciated



2010 Holiday Card

This is a general holiday greeting card with special meaning for bereaved parents, siblings, and grandparents, as well as those who support them.

This year's card features a delicate, white bell embossed in the center of a pastel blue background. A large lacey butterfly rest gently on its crown and 3 butterflies encircle the bell's waist.

Printed on high-quality paper, the actual size of the card is 4" x 6." The card comes in packages of 20 with matching envelopes.

The message printed on the inside bottom front of the card:

In Memory of Our Children

The message printed on the inside of the card:

*Wishing you
a season filled with peaceful memories
carried forever in your heart.*

The acknowledgement printed on the back of the card:

Proceeds from the sale of this card benefit
Bereaved Parents of the USA/Hinsdale Chapter
(a nationwide support group for bereaved
parents, siblings and grandparents)
PO Box 703, Hinsdale, IL 60522-0703

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Reprint 2010

28th Annual Sale

HOLIDAY CARDS for 2010

ORDER FORM

<u>Quantity</u>		<u>Price</u>	<u>Total</u>
_____ Pkgs.	Holiday Cards (20 cards/pkg)	\$13.00	\$ _____
NOTE:	10% discount for orders of <u>10 or more</u> packages	Discount	- \$ _____
NOTE:	15% discount for orders of <u>15 or more</u> packages paid for with a <u>check from a non-profit group</u>	Discount	- \$ _____
Postage and Handling: \$5.00 for the first package .50 each additional package		Postage***	\$ _____
		TOTAL	\$ _____

*** Note: We can not ship cards without the correct postage. Take only one discount.

Make check payable to : Bereaved Parents of the USA

Charge my order to: VISA or MC (circle one) Acct# _____

Name on credit card (print clearly) _____
Exp. Date

SHIP ORDER TO

NAME _____

ADDRESS _____

CITY/State _____ **Zip Code** _____

PHONE Area code (_____) _____

SEND ORDERS TO:
BP/USA · P.O. BOX 703 · HINSDALE, IL 60522-0703

For more information, call Rose Krueger at 847-208-5620 or email rainbows67@sbcglobal.net

ALL ORDERS WILL BE SHIPPED PROMPTLY VIA U.S. POTAL SERVICE or UPS
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All-Occasion Card



This is an all-occasion card with special meaning for bereaved parents, siblings, and grandparents as well as those who support them.

The front of the card is a field of flowers, heavily embossed in the foreground with lighter embossing toward the back giving the effect of a garden that seems to go on forever. On one of the flower heads sits a lovely, lacy butterfly. The flowers, depicted here in black and white, are embossed white-on-white. The only color on the card is the stunning periwinkle blue butterfly.

The card is blank inside.

Printed on high-quality paper, the actual size of the card is 4-1/2" x 6" and comes in packages of 20 cards with white envelopes.

Acknowledgment on the back of the card:

Proceeds from the sale of this card benefit
Bereaved Parents of the USA/Hinsdale Chapter
(a nationwide support group of bereaved parents,
siblings and grandparents)
P.O. Box 703, Hinsdale, IL 60522-0703

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ALL OCCASION CARD

ORDER FORM

* NOTE: Holiday and All Occasion card postage may be combined on one order form!

<u>Quantity</u>		<u>Price</u>	<u>Total</u>
_____ Pkgs.	All Occasion Cards (20 cards/pkg)	\$6.00	\$ _____
NOTE:	10% discount for orders of <u>10 or more</u> packages	Discount	- \$ _____
NOTE:	15% discount for orders of <u>15 or more</u> packages paid for with a <u>check from a non-profit group</u>	Discount	- \$ _____
Postage and Handling: \$5.00 for the first package .50 each additional package		Postage***	\$ _____
		TOTAL	\$ _____

*** Note: We can not ship cards without the correct postage. Take only one discount.
*(See postage note at top of order form)

Make check payable to : Bereaved Parents of the USA

Charge my order to: VISA or MC (circle one) Acct# _____

Name on credit card (print clearly) Exp. Date _____

SHIP ORDER TO

NAME _____

ADDRESS _____

CITY/State _____ **Zip Code** _____

PHONE Area code (_____) _____

SEND ORDERS TO:
BP/USA · P.O. BOX 703 · HINSDALE, IL 60522-0703

ALL ORDERS WILL BE SHIPPED PROMPTLY VIA U.S. POTAL SERVICE or UPS
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CALENDAR OF EVENTS

December

December 3	Monthly Meeting: 7:30 PM – Love Never Dies
December 10	Winter Blues Buster Meeting: 7:30 PM – Facilitated by George Ragusa
December 12	Annual Candlelighting - 7:00 PM; Candlelight Remembrance of Our Children
December 14	Men's Group: 6:30 PM - Meet at Kappy's in Villa Park

January

January 7	Monthly Meeting: 7:30 PM – Detoxing from the Holidays
January 12	Ladies Night Out: 6:30 PM - Meet at Bailey's in Westmont
January 17	Steering Committee Meeting: 6:00 PM at Redeemer Lutheran

February

February 4	Monthly Meeting: 7:30 PM – Music/Poetry Book Night
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March

March 4	Monthly Meeting: 7:30 PM - Grief & Anger - a speaker is planned
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BP/USA Hinsdale on the Web:
<http://www.bpusahinsdale.org/>



Your Words

*by Celeste Hardy, Westmont, IL
2010*

I can look at your picture any time, any day,
and smile
or send you a soul-to-soul hug.

But why is it when I see words you have written,
it makes my breath catch and my eyes swell with tears?

Your picture is an image of the you which can no longer be
seen.

But your words will always be out there, remaining with you
and with us at the same time.
They are the expression of you.

So keep speaking to us,
any time, any day.

We can handle it when our hearts skip a beat in memory of
you.

Bereaved Parents of the USA
Hinsdale Chapter
P.O. Box 703
Hinsdale, IL 60522-0703



December 2010– January 2011